Bitesized Belonging: Differences and Similarities of Race and Ethnicity
We often hear these terms used interchangeably and many of us struggle to remember the definition. What are race and ethnicity?

- **Race** refers to the concept of categorizing people by various sets of physical and biological characteristics, as well as the process of ascribing social meaning to those groups.
- **Ethnicity** describes the culture of a people in a given geographic region, including their language, heritage, religion, and customs.

Race and ethnicity are separate concepts but the way we see them often overlaps.
Why is that? What are instances in which race and ethnicity might overlap?

Race and ethnicity, in the way many countries with mixed racial and ethnic populations experience, are notoriously ambiguous and lack inclusivity. For example, for many years folks who identified as Middle Eastern were guided to select Asian or Caucasian (White) as their respective race. It's only recently that efforts to change this have been started.

Answer in the Chat Below:

Based on your understanding of how different regions track race and ethnicity, what are some gaps?
What kind of solutions do you think these governments should consider moving forward?
What are the benefits of collecting this type of demographic data?